Recreation: Outdoor Recreation, A.S. Fall 2019

Student's Name:	Advisor's Name:

Student may need to take the following courses:

- ☐ INTD 095 – Integrated Developmental Reading/Writing **OR**
- ☐ ENGL 098/100 - Accelerated Writing Skills/Academic Writing I
- ☐ MATH 090 - Pre-Algebra
- ☐ MATH 095 - Beginning Algebra **OR**
- ☐ MATH 098 – Quantitative Literacy [1]
- ☐ RDNG 116 - College Reading and Study Skills
- ☐ Other:

Course Requirement	Course Title	Credits	Min. Grade	Grade Earned T = Transfer	Semester Completed
FIRST YEAR					
FALL					
ENGL 100	Academic Writing I [2]	3	C		
PSYC 103	Introduction to Psychology	3			
RECR 110	Introduction to Recreation	3			
SOCI 101	Introduction to Sociology	3			
Outdoor Activity Elective [3]		1			
SUNY GEN ED Mathematics Elective		3			
Total Credits		***16***			
SPRING					
ENGL 101	Academic Writing II	3			
HLTH 205 **OR** FITN 102 **AND** FITN 216	First Aid & Safety Education **OR** Swimming II **AND** Lifeguard Training [4]	3			
RECR 120	Leadership in Recreation	3			
RECR 150	Play Across Cultures	3			
SUNY GEN ED Natural Sciences [5] **OR** The Arts Elective		3			
Total Credits		***15***			
SECOND YEAR					
FALL					
RECR 210	Diversity & Inclusion in Recreation	3			
RECR 270	Wilderness and the American Culture	3			
RECR 274	Outdoor Recreation Pursuits	3			
SUNY GEN ED Foreign Language Elective		3			
Unrestricted Elective [6]		3			
Total Credits		***15***			
SPRING					
BIOL 115	Field Natural History	3			
ENGL 201	Fundamentals of Speech	3			
RECR 220	Programming in Recreation & Leisure	3			
RECR 260	Camp Counseling and Outdoor Education	3			
RECR 276 **OR** RECR 284 **OR** RECR 285	Outdoor Recreation Field Adventure **OR** Outdoor Recreation Proficiency **OR** Recreation Field Work	1			
SUNY GEN ED American History **OR** Western Civilization Elective [7]		3			
Total Credits		***16***			

Minimum Credits Required for Graduation: 62

[1] Pre-program Math: Students should consult with their advisor to the appropriate MATH course for their intended transfer program.

[2] A "C" or better grade is required in ENGL 100. A student exempted from ENGL 100 must substitute a three-credit liberal arts elective. The course should be selected in consultation with the student's advisor.

[3] Outdoor Activity Electives: FITN 101, 109, 119, 120, 166, 221, RECR/FITN 160, 161, 162, 163 (recommended), 164 or 165.

[4] Students who possess both a current Lifeguarding Certification **AND** Current First Aid/CPR Certifications may consult with the program chair to discuss a waiver of this requirement to substitute an alternate elective.

[5] A Lab Science should be considered based on the requirements of the student's selected transfer institution.

[6] Unrestricted Elective: Consider CAPS courses as needed. Recommended: BUAD 103, 204, 208, ACCT 101 or ECON 120. The course should be selected in consultation with the student's advisor based on the intended four-year transfer program.

[7] American History or Western Civilization Elective: Students planning to transfer to SUNY Cortland should take American History.

NOTES

Requirements last updated Fall 2019 ***Go to*** http://www.tompkinscortland.edu/docs/academic/SUNY_GEN_ED.pdf ***for SUNY General Education and Liberal Arts & Sciences Disciplines/Courses.***