

# Recreation: Exercise Studies

## **Fitness Recreation**

Entrepreneur  
Fitness Center Owner  
Coach  
Fitness Director  
Yoga Instructor  
Personal Trainer  
Group Fitness Leader  
Athletic Fitness Coach  
Fitness Center Director  
YMCA/YWCA/JCC Fitness Program Director  
Weight Loss Specialist  
Fitness and Wellness Coordinator  
Aerobics Instructor  
Dietitian and Nutritionist  
Adaptive Fitness Specialist

# Outdoor Recreation

## **Natural Resource Management and Environmental Interpretation**

Park Ranger  
Nature Center Director  
Park Naturalist  
Outdoor Recreation Manager (Government)  
Environmental Educator  
Park Interpreter  
Conservation Officer  
Park Superintendent  
Environmental Researcher  
Outdoor Recreation Planner  
GIS Specialist  
Fish and Game Warden

## **Outdoor Adventure and Education**

Camp Trip Leader  
Alpine Skiing and Snowboarding Instructor  
Camp Counselor  
Camp Activity Specialist  
Outdoor Guide  
Adventure Trip Supervisor  
Adventure Therapist  
High Ropes Director  
Teambuilding Facilitator  
Park Ranger  
Hunting/Fishing Guide  
Camp Director  
Program Director  
Ecotourism Guide  
Mountaineering Instructor  
Search and Rescue Specialist  
SCUBA Instructor  
Summit/Trail Steward

# RECREATION CAREER OPPORTUNITIES

**TOMPKINS  
CORTLAND**  
COMMUNITY COLLEGE

For more information,  
email Department Chair Pat Mercer  
at [pxm@tompkinscortland.edu](mailto:pxm@tompkinscortland.edu)

[tompkinscortland.edu/catalog](http://tompkinscortland.edu/catalog)

# Recreation Leadership

## **Youth Recreation Services**

Camp Director  
Summer Camp Owner  
Camp and Conference Center director  
Religious Youth Group Leader  
Boy Scout and Girl Scout Executive  
After School Program Director  
Boys and Girls Club Director  
Youth Program Director

## **Therapeutic Recreation**

Inclusion Specialist  
Recreation Therapist  
Drug and Alcohol Rehabilitation  
Art Therapist  
Long-Term Care Facility Recreation Specialist  
Physical Rehabilitation  
Physical Therapy CTRS  
Special Olympics Director  
CRTS in Behavioral Health  
VA Rehabilitation Therapist  
Special Recreation Supervisor  
Activity therapy Services  
Senior Rehabilitation Services  
Retirement Home Recreation Director  
Senior Center Recreation Director  
Therapeutic Recreation Program Manager

## **Community Recreation**

Activity Specialist  
Recreation Center Manager  
Park and Operations Manager  
Religious Recreation Director  
Recreational Sports Director  
Military Recreation Leader (MWR)  
Special Event Coordinator  
Aquatics Director  
Youth Sports Coordinator  
Head Lifeguard

## **Tourism, Event, and Commercial Management**

Civic Center Director  
Water Park manager  
Amusement Park Manager  
Racquet and Fitness Center Director  
Director of Student Activities  
Athletic Director  
Intramural Sports Director  
Corporate Recreation Director  
Cruise Ship Activity Program Director  
Resort Recreation Director  
Specialty Tour Guide  
Event Manager  
Event Planner  
Travel agent